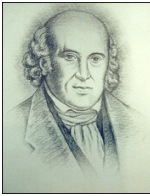


# Homeopathy

## Overview of Homeopathy



Homeopathy is a system of medicine credited to Dr. Samuel Hahnemann (1755 - 1843).

In homeopathy, illness is believed to be caused by an imbalance in a person's vital force. This imbalance is what

causes susceptibility for disease in a person, leading to symptoms of illness.

To stimulate the rebalancing of a person's vital force, very dilute substances are used. As balance is restored, the body begins to function as it should and the symptoms of disease go away.

Homeopathy has faced many challenges in its 200+ year history. Reactions to homeopathy range from utter disbelief to dedicated followers. Indisputable is the hundreds of thousands of people who have been helped to wellness. Because of continued clinical successes, homeopathy continues to thrive today.

## How Does Homeopathy Work?

Dr. Hahnemann discovered the principal that like cures like. This translate into: what a substance can cause it can also cure. He was able to establish that health could be restored to a person using single substances given in the correct strength.

How homeopathic medications stimulate the vital force is not fully understood. What we do



know is that by using the homeopathic method, patients do get better.

Homeopathic method involves

taking a case, identifying potential remedies, studying for the most similar remedy and following the case until the person is healthy and well.

Homeopathy can be used to restore health in both acute and chronic states. It is important to work with a classically trained and properly credentialed homeopath to get the best results.

## Becoming Well: Course of Homeopathic Treatment

Initially, a homeopathic physician will spend 2-5 hours taking with a person about all aspects of their, including current and past health history. His is called taking a person's case. The homeopath will then study the case and select the most appropriate remedy.

Then the real work begins! The person must be followed-up with on a regular basis to monitor their progress of their symptoms. The homeopathic physician will make changes either to the remedy strength or choose a new remedy as the case changes and the person heals and becomes well.

Some things a person can expect while being treated homeopathically include feeling better, old symptoms may come and go, an increase in vitality, perhaps sleepiness as the body heals itself, a more positive and fulfilling outlook on life and many other wonderful things.

